

**AMENDMENTS TO THE SPECIFICATION**

On page 1, please replace the paragraph beginning at line 10 with the following:

The invention contemplates a mold for manufacturing holders with which, with relatively low closing pressure and/or low injection pressure, relatively thin-walled holders can be injection molded. To that end, a mold according to the invention is characterized by ~~the features of claim 1~~ at least two mold halves moveable relative to each other in a first direction of movement and a mold cavity, the mold cavity being substantially defined by a female part and a matching male part, while at least the female part and/or the male part is arranged so as to be moveable such, that within the mold, the male part and/or the female part can be brought into a first position wherein between a forward end, facing, in a first direction of movement, towards the mold cavity, and an opposite bottom part of the female part, there is a relatively large, first distance, and a second position wherein between said forward end and said bottom part there is a relatively small second distance.

On page 4, please replace the paragraph beginning at line 6 with the following:

The invention further relates to a method for manufacturing holders and such hollow products characterized by ~~the features of claim 14~~ the steps of bringing a male and/or female part to a position moved backwards, while or whereupon plastic is introduced into the mold cavity, whereupon the male part and/or the female part is brought to a position moved forward, while forcing at least a part of the plastic away such that the entire mold cavity is filled, while in the position when moved backwards, between a forward end of the male part in the direction of movement and a bottom of the female part, there is a larger distance than in the position when moved forward, while the distance between the remaining parts of the male and female part remains virtually the same.